

Rome, 18.03.2024  
Prot. n. 1634

To AICS Regional Committees  
To AICS Provincial Committees  
To AICS Windsurfing Societies

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Their offices

**Object: AICS eFoil National Instructor Training Course - Vouliagmeni (Greece) - April 22 - 23, 2024.**

The AICS head office, the Sports Department and the AICS Italian Division for Windsurf - Wing - Foil in cooperation with the AICS Committee of the Province of Verona, organize the “eFoil National Instructor Training Course” (Level 1) with the support of A.S.D. Foil Training Center.

*The Course will be hosted by the Nautical Club of Vouliagmeni Residents [Leof. Poseidonos 4, 16672 Vouliagmeni – Greece] on **April 22 - 23, 2024.***

### **Regulations – Fees - Requirements**

To be admitted at the Course you must be at least 18 years old, you must have transferred the full registration fee, you must have a valid AICS membership card and you must provide a medical certificate confirming you are in good health.

The course will be confirmed with a minimum of four participants.

The purpose of the course is to provide eFoil Level 1 Instructors with the didactic, formative and communicative skills necessary to teach eFoil practice to the “Beginner”, in safety and respecting the environment.

### **Course Structure**

The course is taught in English language, by the National Instructor Trainer of the AICS Italian Division for Windsurf - Wing - Foil and held in the following parts:

- Practical Skill Level check ( Test-1: 4 min without falling - Test-2: figure of 8 without touching the water); (\*)
- Theory and Practical eFoil sessions
  - Safety: main elements to explain to a trainee;
  - Safety: preparedness to face injuries;
  - Safety: towing a faulty eFoil or an injured trainee; (\*)
  - Trainee evaluation: previous experiences - Expectations – Physical limits;
  - Courses: Splitting lessons into: Beginner – Intermediate – Advanced;
  - Courses: Max number of trainees per lesson;
  - Beginners: Exercises, Progression, Assessment; (\*)

- Intermediate: Exercises, Progression, Assessment;
- Advanced: Exercises, Progression, Assessment;
- Final Certification: objective assessment criteria;
- Excursions: Evaluate the level of participants - Safety: what to bring – Weather;
- School Organization: Warehouse – Office – Internet – Staff.
- Maintenance and knowledge of the eFoil.
- Test (multiple-choice questions) to assess the theory.

(\* ) Practical sessions.

### Course Certifications

- Diploma of AICS efoil National Instructor (Level-1) [Providing that: Practical Skill level + Test are passed] ;
- Digital AICS e-foil Instructor card;
- Registration in the AICS Instructor Public Portal [@ AICS.it];
- 2 x Polo shirts with the label “AICS eFoil Instructor”.

### Material

1x handout with the program of the course will be provided.

Trainee Instructors must bring their safety equipment: wetsuit, impact vest, helmet, eFoil boards will be provided, however each trainee instructor can decide to use his/her own efoil equipment to their discretion;

### Registration Fee

The registration fee for the course is:

- € 400,00 → for participants who already have an AICS membership card;
- € 410,00 → for participants who do not have an AICS membership card;

### Payment

The only allowed method is by electronic Bank transfer (SEPA):

- Addressed to: AICS Direzione Nazionale;
- IBAN: IT75I0103003271000061460833
- Reason: Quota Iscrizione Corso Istruttore eFoil L1 - Registration fee for eFoil Instructor Course L1 (Vouliagmeni - Greece 11-12 December )

### Registration Procedure

To confirm your registration, you must send by email to the address [dnsport@aics.info](mailto:dnsport@aics.info):

- Bank transfer receipt showing the transfer of the registration fee;
- Application Module (see below) filled up completely with your data and signed;

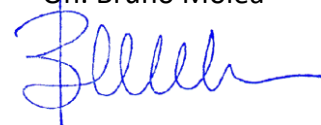
The Medical Certificate must be sent by email to Mr Enrico Crepaldi (Instructor Trainer):

[info@ftc-garda.it](mailto:info@ftc-garda.it) , before the beginning of the course; In case of questions you can contact the Trainer by phone (or WhatsApp) @ +39 393 891 7281

Cordiali saluti

Il Presidente

On. Bruno Molea





**SCHEDA DI ISCRIZIONE - APPLICATION MODULE**  
**CORSO DI FORMAZIONE PER ISTRUTTORE NAZIONALE DI EFOIL - LIVELLO 1**  
**EFOIL NATIONAL INSTRUCTOR TRAINING COURSE - LEVEL 1**

Luogo/Place: **Vouliagmeni - Greece**

Data/Date: **22 & 23 APR 2024**

Compilare il modulo in tutte le sue parti, firmarlo ed inviarlo a: [dnsport@aics.info](mailto:dnsport@aics.info) + CC: [info@ftc-garda.it](mailto:info@ftc-garda.it)

Fill-up the module completely - sign and send to: [dnsport@aics.info](mailto:dnsport@aics.info) + CC: [info@ftc-garda.it](mailto:info@ftc-garda.it)

**DATI PARTECIPANTE /PARTICIPANT DATA**

Cognome/Family name .....Nome/First Name.....

Data e luogo di nascita /Date & Place of birth .....Prov( )

Residenza/Home address: .....

City /Comune..... Prov ( )

e-mail.....Cell/Mobile.....

Codice Fiscale (Italian Citizen only) .....

SONO TESSERATO AICS / I AM AICS MEMBER \_\_\_\_\_

NON SONO TESSERATO AICS / I AM NOT AICS MEMBER : \_\_\_\_\_

(mettere una X dove corretto / mark with X where correct )

Circolo AICS .....

Cod. AICS..... Provincia.....

n. Tessera AICS.....

Costo di iscrizione al Corso/ Registration Fee:

€ 400,00 (Quattrocento/00) per i soci AICS/ for AICS Members

€ 410,00 (Quattrocentodieci/00) per chi non è socio AICS / for non AICS Members

Pagamento: Bonifico Bancario a / Payment : Bank transfer to:

AICS – DIREZIONE NAZIONALE

Causale/Reason : Quota Iscrizione Corso Istruttore efoil - Livello 1 - Vouliagmeni 11-12 Dicembre 2023. –

IBAN: IT75I0103003271000061460833

**Condizioni generali di partecipazione**

La quota d'iscrizione s'intende per persona e comprende:

- Docenza
- brevetto nazionale AICS
- tesserino digitale di istruttore eFoil AICS
- iscrizione nell'albo nazionale degli istruttori AICS sul portale AICS.IT
- dispensa delle lezioni eFoil
- 2 polo "Istruttore eFoil AICS"

Il numero minimo di partecipanti è di 4

Si accettano i termini e le condizioni stabilite nel presente modulo di iscrizione e nella relativa circolare esplicativa.

Si dichiara di aver preso visione degli Obiettivi, dei Prerequisiti e dei Contenuti del Corso.

**General conditions of participation**

The registration fee is per person and includes:

Teaching

national patent AICS

AICS eFoil instructor digital badge

registration in the national register of AICS instructors on the portal AICS.IT

eFoil lesson handout

2 polo shirts "Istruttore eFoil AICS"

The minimum number of participants is 4

I agree to the terms and conditions set forth in this registration form.

I declare that I have read the Objectives, Prerequisites and Contents of the Course.

Data/Date ..... Firma/Signature .....

Ai sensi del. Dlgs 196/03 e successive modifiche o integrazioni, il partecipante dichiara di essere stato informato che i suoi dati personali, acquisiti tramite il modulo di iscrizione o all'atto della partecipazione al corso, saranno trattati da AICS Direzione Nazionale con l'ausilio di mezzi elettronici per finalità riguardanti l'esecuzione degli obblighi derivanti dalla partecipazione al corso.

Pursuant to. Dlgs 196/03 and subsequent amendments or additions, the participant declares that he/she has been informed that his/her personal data, acquired through the registration form or at the time of participation in the course, will be processed by AICS National Directorate with the aid of electronic means for purposes concerning the execution of obligations arising from participation in the course.

Data/Date ..... Firma/Signature .....